

Session 1	Participant Guide
	Health & Safety I - Family Child Care
2016 Barb Wagner	2 hours

Copyright and Limitations on Use and Liability

This curriculum was developed with funding by the Minnesota Department of Human Services. The Minnesota Department of Human Services makes no representations and accepts no liability on its use or results. This curriculum may not be reproduced, copied, sold or otherwise distributed without the written approval of the Minnesota Department of Human Services. To request written permission for use or reproduction of any portion of this curriculum, e-mail DHS.Child.Care@state.mn.us.

Overview

Knowledge and Competency Framework (KCF) Content Area, MN Core Competency Content Area, CDA Content Areas, Parent Aware Training Indicators

The Primary Knowledge and Competency Content Areas, the MN Core Competencies Content Area, the CDA Content Areas, and (as appropriate) Parent Aware Training Indicators are listed here to help participants understand what competencies, content areas and/or indicators are addressed in the training.

KCF Content Area: VII: Health, Safety and Nutrition

MN Core Competency: VI: Health, Safety and Nutrition

CDA Content Area: Planning a safe and healthy learning environment

Parent Aware Training Indicator: None

Learning Objectives

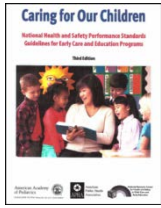
While no training alone can ensure learning objectives, they can be designed to meet certain goals for each learner. If learners are engaged and participatory they will learn to:

- List four practices that minimize the spread of infectious disease or other illness among children
- Identify two practices that can minimize the risk of children’s exposure to allergens
- Identify and prevent Child Abuse and Neglect
- Describe protocols for safe medication administration



Session Outline and Notes – Use the blank space in this section to note ideas for your own later research or action planning!

Section Overview – Key Concepts
<p>A. Introduction</p> <ul style="list-style-type: none">• Introduce objectives• Introduce presenter• Introduce participants• K-W-L
<p>B. Minimizing the Spread of Infectious Disease</p> <p>Introduction/Differing Ideas</p> <ul style="list-style-type: none">• Daily Health Check<ul style="list-style-type: none">○ Signs and symptoms of common illnesses○ Reportable illnesses• Handwashing<ul style="list-style-type: none">○ Frequent○ When is hand washing required? When is it recommended?• Cleaning, Sanitizing, and Disinfecting<ul style="list-style-type: none">○ Definitions and examples○ Schedule for tasks• Exclusion of Ill Children<ul style="list-style-type: none">○ When is exclusion required○ Exclusion procedures• Universal precautions<ul style="list-style-type: none">○ What illnesses might be 'blood borne'○ What does it mean to take 'universal' precautions○ Supporting use of universal precautions• Immunizations (including Flu Shots)<ul style="list-style-type: none">○ Immunization schedules○ Encouraging immunizations
<p>C. Prevention of Abuse and Neglect</p> <ul style="list-style-type: none">• Activity – What is Abuse and Neglect• Presentation – Preventing Abuse
<p>D. Medication Administration</p> <ul style="list-style-type: none">• Regulations/Guidelines• 5 Right ways
<p>E. Prevention of and Response to Emergencies due to food and allergic responses</p> <ul style="list-style-type: none">• Overview• Providers Role• First Aid
<p>F. Closing and final review of course objectives</p> <ul style="list-style-type: none">• Check in on objectives• Individual reflection and next steps• Session evaluation (if used)



Introduction

Important resources: These two resources form the basis of much of this session's content.

Caring for Our Children: National Health and Safety Performance Standards Guidelines for Early Care and Education Programs, 3rd Edition: <http://cfoc.nrckids.org/>

MN Licensing Rule 2 Regulations for Family Child Care Providers: [Rule 2](#)

Minimizing the Spread of Infectious Disease and Other Illnesses

Chart on common contagious diseases in child care settings:

<https://www.healthed.govt.nz/system/files/resource-files/HE1215%20Infectious%20Diseases.pdf>

Appendix A, Caring for Our Children: National Health and Safety Standards

http://cfoc.nrckids.org/WebFiles/CFOC3_updated_final.pdf

Infectious Diseases in Child Care Settings and Schools.

<http://www.hennepin.us/residents/health-medical/infectious-diseases>

Handwashing



<http://www.health.state.mn.us/handhygiene/wash/dontforget.html>

Cleaning, Sanitizing, and Disinfecting

Obtain a complete best practice schedule for cleaning, sanitizing and disinfecting on line at

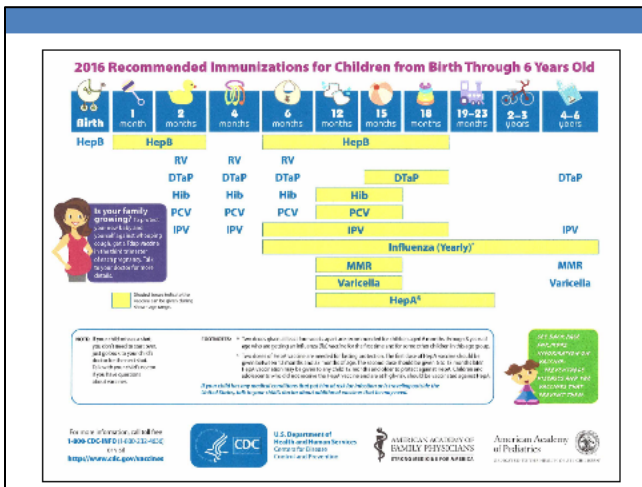
<http://cfoc.nrckids.org/WebFiles/AppendicesUpload/AppendixK.pdf>

Excluding Ill Children from Care

Best Practice Standards

<http://cfoc.nrckids.org/StandardView/3.6.1.1>

Immunizations



Available on line at

Centers for Disease Control and Prevention. *CDC Immunization Schedule*
<http://www.cdc.gov/vaccines/parents/downloads/parent-ver-sch-0-6yrs.pdf>

Prevention of Child Abuse and Neglect

MN Statutes 626.556: <https://www.revisor.mn.gov/>

Resource Guide for Mandated Reporters of Child Maltreatment Concerns:

<https://edocs.dhs.state.mn.us/lfserver/Public/DHS-2917-ENG>

Stop It Now

<http://www.stopitnow.org/>

National Center on Shaken Baby Syndrome

<http://dontshake.org/>

Allergies and Allergic Reactions

Caring for our Children information: <http://cfoc.nrckids.org/StandardView/4.2.0.10>

Sample Emergency Care Plans:

<http://www.aafa.org/media/Anaphylaxis-Emergency-Action-Plan.pdf>

<http://www.foodallergy.org/file/emergency-care-plan.pdf>

Reflection and Action Planning

Health and Safety I - FCC Session 1

Take a few minutes to reflect on what you have learned in this session of this class. Use the spaces below to capture your ideas and plans for action.

In this session I learned...

This session started me thinking about...

Based on what I learned, some things I plan to do ...