

<p>Kulanka 1, 2, 3</p>	<p>Tusmada Ka qaybgalaha</p> <p>Kormeerida Badqabka Daryeelka Carruurta ee Qoyska</p>
<p>2017</p>	<p>6 saacadood</p>

Xaquuqda daabacaada iyo Xadiyada Adeegsiga iyo Mulkiyada

Manhajkaan waxaa lagu abuuray deeq ay bixisay Minnesota Department of Human Services (Waaxda Adeegyada Aadanaha ee Minnesota). Minnesota Department of Human Services ma jirto wax matalaad ah oo ay samayso ama ma aqbalayso wax masuuliyad ah oo ka dhalata adeegsiga manhajka ama natiijooyinkiisa. Manhajkaan dib looma daabici karo, la ma koobiyayn karo, la ma iibin karo ama haddii kale la ma qaybin karo ayadoon ogolaansho qoraal ah laga haysan Minnesota Department of Human Services.

Si aad u codsato ogolaansho qoran ama dib u daabicida qayb kamid ah manhajkaan, iimeel u dir DHS.Child.Care@state.mn.us.

Kulanka 1

Kormeerida Badqabka, Kulanka 1

Maadooyinka Naqshada Aqoonta iyo Kartida (KCF) iyo Maadooyinka CDA

Maadooyinka aasaasiga ah ee Aqoonta iyo Kartida, Maadooyinka CDA, ayaa halkaan ku qoran si ay uga caawiyaan ka qaybgalayaasha inay fahmaan waxa kartiyadu yihiin, maadooyinka iyo/ama cabirada lagu sheegay tababarka.

Maadada KCF: Caafimaadka, Badqabka iyo Nafaqada; Maadada

CDA ee Xirfada: Badqabka iyo Caafimaadka Bay'addaha

Higsiyada Waxbarashada

- Aqoonso herarka ruqsadaynta ee Xeerka 2 MN iyo farsamoyinka ugu haboon ee kormeerka
- Qiimee oo waxkaqabo ciladaha kormeerka ee ay waajhaeen barnaamijka daryeelka carruurta ee Qoyska
- Aqoonso saddex farsamo oo isdhexgal oo aad adeegsanayso intaad kormeerka wado

Dulmarka Kulanka 1

Qaybta	Guudmar ka
Soo dhawaynta iyo Horudhaca	<ul style="list-style-type: none">• Soo dhawaynta iyo Horudhaca• Dib u eeg oo Ka dood Ujeedooyinka
Aasaasiyaadka Kormeerka	<ul style="list-style-type: none">• Bandhigga - Waa maxay kormeerku?• Nashaadada - Caqabadaha Kormeerka• Bandhiga - Kormeerka Socda• Nashaadada - Waa maxay Awood U yeelashada Caawintu?
Kormeerka Maalin kasta	<ul style="list-style-type: none">• Bandhigga - Keenista iyo Qaadista• Shaqda - Abuurista Aagga Keenista Carruurta• Shaqda - Abuurista Aagga Laga qaado Carruurta• Shaqada - Waqtiga Barnamijka• Shaqada - Kalaguurka• Shaqada - Kormeerka Kalaguurka• Shaqada - Kormerka Musqusha• Shaqada - Kormerka Xiliga Cuntada
Kahortaga Xadgudubka iyo Dayacaada	<ul style="list-style-type: none">• Shaqada -Waa maxay Xadgudub iyo Dayacaad• Bandhigga - Kahortaga Xadgudub
Xirida	<ul style="list-style-type: none">• Shaqada - Muujinta• Dooda - Layliga

Kormeerka

Qeexitaanka Xeerka 2

Daryeelid lagu samaynaayo meel looga jeedo ama laga maqlayo ilmaha yar, saddex jirka ah ama dugsiga barbaarinta ku jira mar kasta si daryeeluhu u awoodo inuu caawiyo difaacida caafimaadka iyo Badqabka ilmaha. Ilmaha gaaray da'da dugsiga, wuxuu ka dhigan yahay in daryeeluhu diyaar u yahay caawinta iyo daryeelida si loo difaaco caafimaadka iyo Badqabka ilmaha.

Heerarka Daryeelka Carruurteena

Daryeelayaashu waa inay kormeeraan ilmaha yaryar, kuwa sadex jirada ah iyo kuwa dugsiga barbaarinta muuqaal iyo maqal, xataa marka carruurta ay seexanayaan, jiiftaan ama hurdaan, ay bilaabayaan inay toosaan, ama ay ku jiraan gudaha ama dibada. Carruurta gaaray da'da dugsigu waa inay joogaan meel looga jeedo lagana maqlaayo markasta.

Kormeerka Waxtarka leh:



Waxyaabaha Laga Baaraan Dagaayo Marka Kormeer La samaynaayo:

- Fahan xirfadaha kobaca iyo awooddaha ilmo kasta
- Abuur xeerar qeexan, fudud oo badqab oo bar carruurta
- La soco khataraha amaanka ee imaan kara
- Abuur qorshe lagu samayn karo kormeerka carruurta sida ugu haboon si loo yareeyo dabeecadaha loona xaqiijiyo in ilmuhu ay badqabaan. daryeel bixiyuhu ma arki karaa mana maqli karaa codka ilmaha mesha uu joogo?
- Adeegso xeeladaha wanaagsan ee luuqada yo tusaalaynta si aad kor ugu qaado badqabka carruurta

- laga soo xigtay: Stepping Stone to Caring for Our Children, Daabacaada Saddexaad iyo Daryeelida Carruurteena: Heerarka Qaran ee Dadaalka Caafimaadka iyo Badqabka; Tilmaamaha Barnaamijyada Daryeelka ilmaha yar iyo waxbarashada, Daabacaada saddexaad. Waxaa oonleen looga helayaa Xarunta Qaran ee Khayraadka Caafimaadka iyo Badqabka Daryeelka Carruurta iyo Waxbarashada Ubadka <http://cfoc.nrckids.org/index.cfm>

Kulanka 1 - Layliyada

- Ku qiimee barnamijkaaga aragtida ilmaha. Hoos ugu fariiso ilmaha (tusaale, jilmaha ku istaag, fariiso dhulka, calool u seexo, iwm) oo fiiri aagga. Maxaad aragtaa? Maxaad taaban kartaa? Maxaa la heli karaa? Maxaan la heli karin? Fiiri darbiyada, qaanadaha, qaababka agabka guriga. Ma jiraan meelo isha ka qarsoon, meelo aan loo jeedin, ama cilado u baahan in la kormeero? Qor waxa aad u jeedo.
- Gal Webseetka Badqabka Badeecada Macmiilka oo fiiri haddii uu jiro qalab ama alaab kuu yaala oo ku jira liiska alaabaha warshada lagu celinaayo.
<http://www.cpsc.gov/>
- Layliga daryeelka nafta - fadlan qaado ugu yaraan 30 daqiiqo si aad naftaada u daryeesho, isku nasiso, ama iskaga bi'iso walaaca inta u dhaxaysa hadda iyo marka xigta ee aan kulmayno.

Muujin

Qaado dhawr daqiiqo si aad u muujiso waxa aad ku baratay xiisadaan fasalka. U adeegso meelaha banaan ee hoose si aad u qabato fikrado iyo qorshayaasha talaabada.

Kulankankan, waxaan ku baranay 3 daan qaab ee loo sameeyo kormeerka joogtada ah...

Marka laga eego waxaan bartay, waxaayabaha aan samayn doono ...

Kulankan waxay igu abuurtay inaan ka fakaro...

ILAHA

Daryeelida Carruurteena: Heerarka Qaran ee Shaqada Caafimaadka iyo Badqabka ee Qaran <http://cfoc.nrckids.org/index.cfm>

Foomka Diiwaan gelinta iyo Qorshaynta

http://www.dhs.state.mn.us/main/groups/licensing/documents/pub/dhs16_177974.pdf

Xeerarka iyo Qawaaniinta

MN

<https://www.revisor.mn.gov/>

Tusmada Xogta Warbixiyaasha Qasban ee Ciladaha Xadgudubka

Kadhanka ah Ilmaha <https://edocs.dhs.state.mn.us/lfserver/Public/DHS-2917-ENG>

Hadda jooji

<http://www.stopitnow.org/>

Xarunta Qaran ee Xanuunka Ku dhaca

ilmaha La ruxay <http://dontshake.org/>

Gudigga Badqabka Badeecada

Macmiilka <http://www.cpsc.gov/>

Kulanka 2:

Kormeerida Badqabka, Kulanka 2

Maadooyinka Naqshada Aqoonta iyo Kartida (KCF) iyo Maadooyinka CDA

Maadooyinka aasaasiga ah ee Aqoonta iyo Kartida, Maadooyinka CDA, ayaa halkaan ku qoran si ay uga caawiyaan ka qaybgalayaasha inay fahmaan waxa kartiyadu yihiin, maadooyinka iyo/ama cabirada lagu sheegay tabbabarka.

Maadada KCF: Caafimaadka, Badqabka iyo Nafaqada; Maadada CDA ee Xirfada: Badqabka iyo Caafimaadka Bay'addaha

Higsiyada Waxbarashada

- Aqoonso Heerarka Ruqsadaynta ee Xeerka 2 ee MN iyo talaabooyinka ugu haboon ee loo adeegsanaayo kormeerka gudaha iyo banaanka; ka hadal hadday jiraan farqiyo
- Qiimee oo waxkaqabo ciladaha kormeerka dhanka bay'adda ee ay waajhaeen barnaamijka daryeelka carruurta ee Qoyska
- Aqoonso sadex qaab oo tusaale loogu noqdo bay'adda

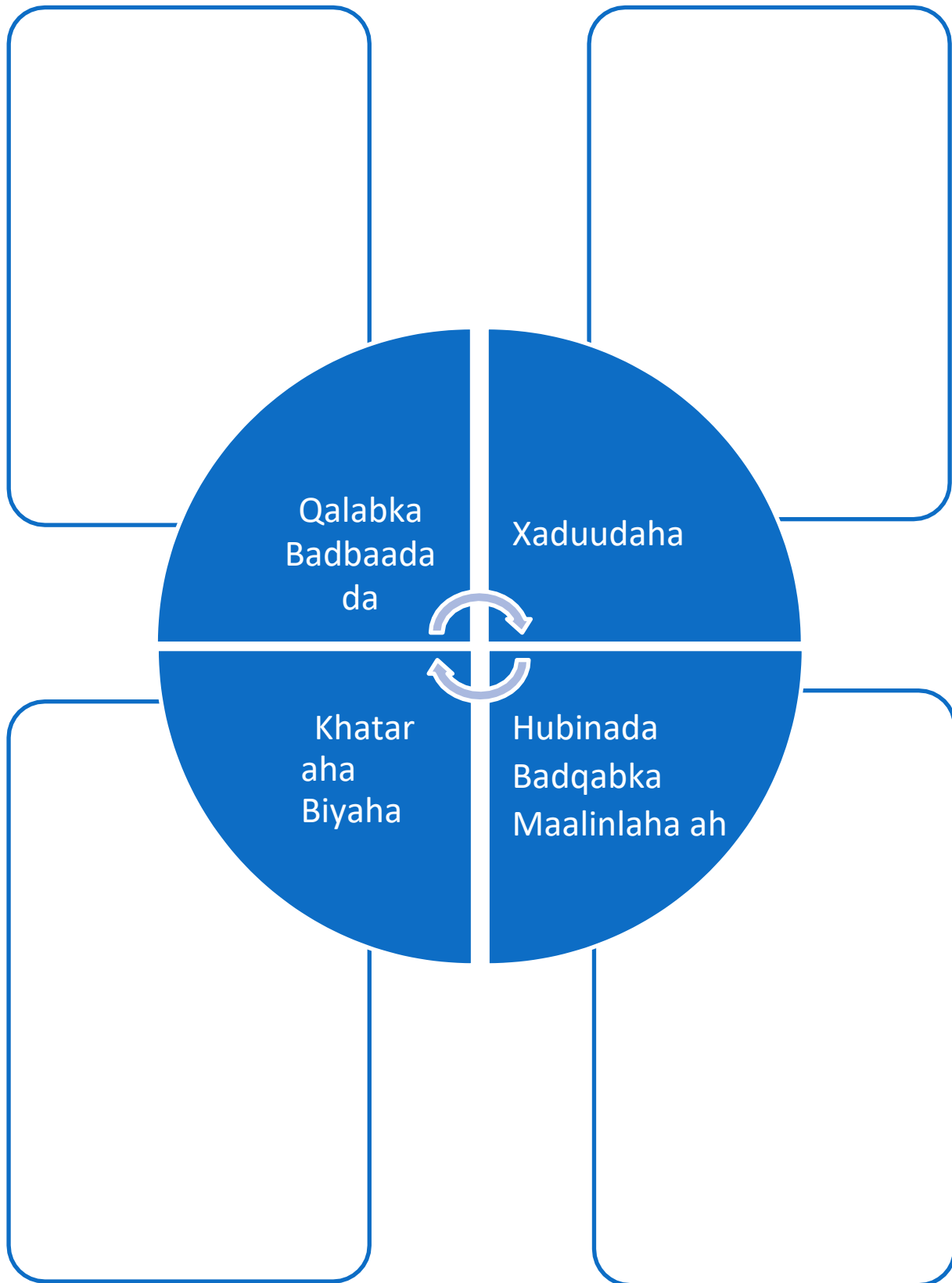
Dulmarka Kulanka 2

Qaybta	Guudmarka
Dib U eegista Soo dhawaynta iyo Layliga	<ul style="list-style-type: none">• Dib U eegista Soo dhawaynta iyo Layliga• Dib u eeg oo Ka dood Ujeedooyinka
Badqabka Gudaha	<ul style="list-style-type: none">• Shaqada Koox Badan - Khataraha Badqabka Gudaha• Bandhigga - Kormeerka Goobaha Gudaha dhismaha
Badqabka Banaanka	<ul style="list-style-type: none">• Shaqada - Khataraha Banaanka• Bandhigga - Badqabka Banaanka• Shaqada - Xili Hore Ka fakarida• Shaqada - Xeeladaha Kormeerka Banaanka
Khataraha Bay'adda	<ul style="list-style-type: none">• Bandhiga - Badqabka Xaywaanka Rabaayada• Shaqada - Waa maxay Khatar• Bandhigga - Agabka Khatarta ah• Bandhigga - Sunta Gudaha iyo Banaanka Guriga• Shaqada - Xakamaynta Cayayaanka
Khataraha Agabka	<ul style="list-style-type: none">• Shaqada - Agabka• Shaqada - Badqabka Alaabta• Bandhigga - Badqabka Agabka
Badqabka Gaariga	<ul style="list-style-type: none">• Bandhigga - Badqabka Gaariga
Xirida	<ul style="list-style-type: none">• Muujin• Dib u eegista Layliga

SU'AALAHA HOOS U DHIGIDA KHATARTA

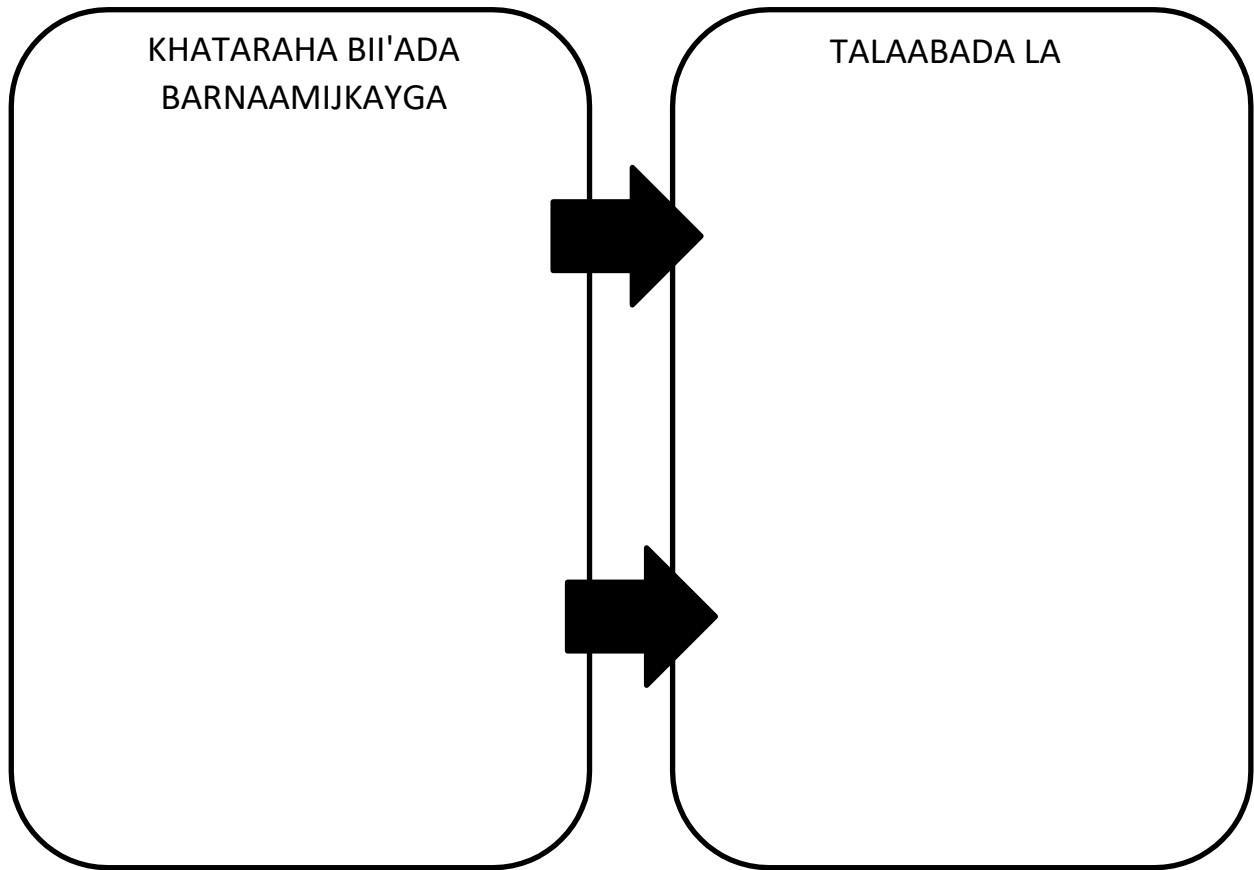
1. Heerkulka biyaha siinka iyo tuubooyinka ee ay isticmaali karaan carruurta waa inaysan ka sarayn_ digrii Fahrenheit si looga hortaggo inay ku gubtaan intay isdhaqayaan.
110 120 130 Midna kuwa kore - Carruurta waa inay adeegsadaan biyo qaboow
2. Run ama Been Jaranjarooyinka leh saddex salaam ama ka badan waa inay lahaadaan meel la cuskado.
3. Run ama Been Aagga furan ee u dhaxeeya birta la cuskado iyo marinka jaranjaradu waa in lagu xiraa shabaq difaacaaya. Dhabarka danbe ee biraha jaranjarada loo cuskado waa in la xiraa.
4. Albaabo ama xakabado waa in loo adeegsadaa jaranjarooyinka marka carruurta u dhaxeeyaan da'ahee ku jira ku jirta daryeelka?
4 iyo 12 bilood 5 iyo 15 bilood 6 iyo 18 bilood
5. Run ama Been Jaranjarada waa in lagu xiraa nal fiican, si fiican loo dayactiro, aysana jirin wax ku go'an ama jajab.
6. Run ama Been Xafaayad u xirida waa inaan lagu samayn meelaha cuntada lagu diyaarsho.
7. Dhammaan maacuunta cuntada iyo wax karinta waa in la kaydiyaa si looga difaaco: Boor Daxal Tuubada dilaacsan
Sun kale Midna kuwa kore Dhammaan kuwa kore
8. Run ama Been Agabka cuntada ee loo adeegsado kaydinta cuntada iyo diyaarinta waa inay badqabaan oo nadiif yihiin.
9. Run ama Been Qoladaha xayawaanka rabaayada ah waa inay ku yaalaan lagana fogeeyaa aag kasta oo lagu diyaarsho, la dhigo, ama lagu baxsho cuntada.
10. Run ama Been Dhammaan daawooyinka, kiimikooyinka, saabuunta, geedaha sunta ah, cabitaanka khamrada, iyo waxyaabaha kale ee sunta ah waa inaan loo dhawayn ilmaha.
11. Kuraasta tabbabarkan musqusha, kuraasta, ganbarada, iyo kursida miiska waa in lagu dhaqaa saabuun iyo biyo marka la isticmaalo, iyo ugu yaraan_:
Saacad kasta Subax iyo galab kasta Maalin kasta Asbuuc
12. Run ama Been Qufulka albaab kasta oo musquleed waa in laga furi karaa albaabka furan ee banaanka aada furitaankana waa inay meesha ugusii diyaarsan tahay dhammaan daryeelayaasha.
13. Run ama Been Dhammaan agabka korontada ee ilmuhu adeegsan karaan waa inaysan shoog lahayn ayna leeyihiin gaashaan marka la isticmaalaayo
14. Run ama Been Dhammaan qalabka korontada ku shaqeeya ee waawayn waa in si sax ah loo rakibaa, laguna xiraa dhulka si waafaqsan xeerka korontada ee gobalka, ayna si fiican u shaqaynayaan
15. Run ama Been Fiilooyinka korontada dheereeya ayaa loo adeegsan karaa inay badal u noqdaan fiilada darbiga la gasho.
16. Run ama Been Fiilooyinka korontada jiida iyo fiilooyinka la kala fidiyo ayaa lagu dhajin karaa dhismayaasha, lagu dheerarin karaa darbida, safitada, sagxadaha, daboolada albaabka ama sagxada, waxaana la marsiin karaa waxyeelada bay'adda ama saamaynta jireed.
17. Run ama Been Fiilooyinka korontada waa inay yeeshaan xajmi si ay u yeeshaan cuf ayna dayactiran yihiin.
18. Run ama Been Aruurinta dheeraadka ah ee kaydka (jajabka) ayaa keeni kara dab inuu dhasho, lagu kufo, ama ay adag tahay in laga saaro dhibanayaasha xaalada degdega ah
19. Run ama Been Shabaqa daaqadaha ayaa keeni kara in ilmuhu ku ceegsamo. Farsamada ugu wacan waa in la adeegsado daboolada daawada ee bilaa fiilada ama fiilada la akri karo, aana la saarin sariiraha, sariirta ilmaha iyo agabka u dhaw daaqadaha.
20. Run ama Been Khataraha agabka guriga waxaa ka mid ah soo dhacida iyo dab alaabta qabsada. Farsamada ugu wanaagsan waa in agabka lagu dhajiyo darbiga ama dhulka la dhigo. Saar TV yada iyo qalabka kale ee waawayn meelo hooseeya, oo adag. Ka fogee ilaha dabka (sigaarka, agabka dabka dhaliya, iwm) agabka raaxada ee guriga.

KASII BAARAAN DAGIDA BII'OYYINKA BANAANKA



MUUJINTA - KHATARAHA BII'ADA

Ka fakar xayawaanka rabaayada ah, agabka khatarta ah iyo kuwa sunta ah, geedaha sunta leh, iyo xakamaynta cayayaanka. Aqoonso khataraha iyo talaabooyinka aad ka qaadayso.



XIISADA 2 - LAYLIYADA

- Adigoo adeegsanaaya 5 khatarood ee ku qoran liiska qorshaha yaraynta khatarta ee shaqada tijaabinta naftaada, aqoonso ugu yaraan 1 qaab oo aad wax uga qabanayso khatar kasta. Adeegso Xeerka 2 oo kuu noqonaaya tixraac si aad u go'aamiso haddii ay iraan khataro lagu sheegay shuruudaha ruqsadaynta
- Abuur liiska ugu yaraan 10 sheey oo aad ku darayso kiishada badbaadada xaalada degdega ah

QORSHAHA YARAYNTA KHATARTA BANAANKA/GUDAHA

Aqoonso ugu yaraan 5 khatarood oo ka jira goobaha gudaha iyo banaanka. Khatar kasta, samee ugu yaraan 1 talaabo oo aad qaadayso. Raadi Xeerka 2 si aad u go'aamiso haddii ay jiraan khataro lagu sheegay shuruudaha ruqsadaynta.

Khataraha	Talaabooyinka La Qaadaayo	Shuruudaha Xeerka

ILAHA

Safe Kids Worldwide

<http://www.safekids.org/>

Wakaalada Xakamaynta Sunta

ee MN

<https://www.pca.state.mn.us/>

Lead Safety – Wakaalada Difaaca Bay'ada

<https://www.epa.gov/lead>Xakamaynta sunta

ee MN www.mnpoison.org

Geedaha Sunta ah ee Ku yaala Daryeelka carruurta ee Qoyska

<http://www.dhs.state.mn.us/main/groups/licensing/documents/pub/dhs-288784.pdf>

Xarunta Xakamaynta Cudurka - Maaraynta

Kaneecada

<http://www.cdc.gov/westnile/prevention/index.html>

Gudigga Badqabka Badeecada

Macmiilka <http://www.cpsc.gov/>

Fiiri Kahor intaadan Qufulin

<http://www.nhtsa.gov/About+NHTSA/Press+Releases/2014/NHTSA+urges+parents+and+caregivers+to+think+Where's+Baby,+Look+Before+You+Lock>

Waaxda Badqabka Bulshada ee MN – Xafiiska Badqabka

Gaadiidka <https://dps.mn.gov/>

Kulanka 3

Kormeerida Badqabka, Xiisada 3

Maadooyinka Naqshada Aqoonta iyo Kartida (KCF) iyo Maadooyinka CDA.

Maadooyinka aasaasiga ah ee Aqoonta iyo Kartida, Maadooyinka CDA, ayaa halkaan ku qoran si ay uga caawiyaan ka qaybgalayaasha inay fahmaan waxa kartiyadu yihiin, maadooyinka iyo/ama cabirada lagu sheegay tabbabarka.

Maadada KCF: Caafimaadka, Badqabka iyo Nafaqada; Maadada
CDA ee Xirfada: Badqabka iyo Caafimaadka Bay'daha

Higsiyada Waxbarashada

- Aqoonso ama go'aanso baahiyaha kormeerka inta lagu jiro xaaladaha degdega ah ama masiibooyinka
- Aqoonso ilaha u diyaar garoowga khatarta, oo ay ku jiraan xaaladaha degdega ah ee masiibada iyo caafimaadka
- Aqoonso talaabooyinka La Qaadaayo, inta lagu jiro, iyo kadib dhacdooyinka caafimaadka quseeya

Dulmarka Kulanka 3

Qaybta	Guudmarka
Dib U eegista Soo dhawaynta iyo Layliga	<ul style="list-style-type: none"> • Soo dhawaynta iyo Horudhaca • Dib u eeg oo Ka dood Ujeedooyinka
U diyaar Garoowga Khatarta	<ul style="list-style-type: none"> • Shaqada - Waa maxay xaalada degdega ah ama masiibadu • Bandhigga - Qiimaynada • Shaqada - Farsamooyinka qiimaynta iyo qaababka • Shaqada - Hooy diyaarsan • Muujin - Dhisida Amaanka • Bandhigga - Ogaysiinta qoysaska
La tacaamulida xanuunka	<ul style="list-style-type: none"> • Shaqada - Caqabadaha Kormeerka marka Ilmuhu Jiran yahay • Shaqada - Xanuunada Guud ee Carruurnimada • Bandhigga - Isgaarsiinta • Shaqada - Kahortagga iyo Xakamaynta Cudurka Caabuqa • Shaqada - Quraafaadka iyo Xaqiiqooyinka Talaalka • Bandhigga - Daryeelida Ilmo Xanuunsan
Xogta Kale ee Caafimaadka	<ul style="list-style-type: none"> • Shaqada - Bixinta Daawada • Bandhigga - Xasaasiyaadka • Bandhigga - Neefta • Shaqada - Maaraynta Dhaawacyada
Hurdo Badbaado leh	<ul style="list-style-type: none"> • Shaqada - Farsamooyinka Hurdo Badbaado leh
Xirida	<ul style="list-style-type: none"> • Shaqada - Muujinta • Shaqada - Xogta kooban

Laga bilaabo 30ka bisha Sibteembar, 2019, waxaad u baahan doontaa inaad wax ka badasho qorshahaaga u diyaar garoowga xaalada degdega ah si aad ugu darto hooyga ilmaha dhashay iyo kuwa sadex jirada ah. Wixii ka danbeeya 30ka bisha Sibteembar, 2019, qorshaha waa in wax laga badalaa laguna daraa sida aad hooy u siinayso ilmaha dhashay iyo kuwa sadex jirada ah marka xaalad degdeg ah timaado. Foomka qorshaha u diyaar garoowga khatarta degdeg ah ee biloowga ah oo uu sameeyay gudoomiyuhu ma lahan xogtaan, waayo waa shardi cusub. Si aad u raacdo shardiga, waxaad samayn kartaa laba waxyaabood: • buuxi foomka cusub ee halka bog ah ee ay samaysay DHS kaasoo uu ku jiro shardiga cusub ama • inaad buuxiso qorshe cusub oo xaalada degdegaa ah. DHS ayaa jawaab celin ka heshay adeeg bixiyaasha taasoo ahayd in foomku uu aad u dheer yahay iina iskusoo laalaabanaayo. Si ay uga jawaabto, DHS ayaa dib u muraajacaysay foomka soona gaabisay foomka loo baahan yahay. Hadda uma baahnid inaad soo dhajiso ama la wadaagto qorshahaaga u diyaar garoowga khatarta waalidka ama masuuliyiinta ilmaha. Hase yeeshee, waa qasab inaad sii wado inaad qorshaha u diyaariso dib u eegid. Halkaan ayaad ka helaysaa xogta cusub ee halka bog: <https://edocs.dhs.state.mn.us/lfserver/Public/DHS-7955-ENG>

Waxaad ka helaysaa qorshahaaga u diyaar garoowga khatarta oo cusub, kaasoo soo baxay 20ka bisha Sibteembar, 2019 halkaan: <https://edocs.dhs.state.mn.us/lfserver/Public/DHS-7414C-ENG>

QIIMAYNT AMAANKA

Kafakar amaanka gurigaaga iyo bulshada. Maxaa kuu diyaarsan?

Waa maxay xeeladaha qaar oo aad ka fakartay ama iskudayday?

KAHORTAGGA IYO XAKAMAYNTA CUDURKA CAABUQA WATA

- Nadiif - si aad sheey ahaan meesha uga saarto dhammaan wasaqda iyo sunta kahor intaadan nadiifin ama daawada jeermiska ku dhaqin.
- Nadiifi - yaree (laakiin ha baabi'in) jeermisyada saaran meelaha la taabto. Si guud waxaa haboon in la nadiifiyo boonbalayaasha, meelaha cuntadu taabato iyo agabka ilmuhu dhooqo ayadoo la adeegsanaayo ¼ daawada wax cadaysa ah oo lagu daraayo 1 rubuc oo biyo ah
- Mari daawada jeermiska disha - waxay baabi'inaysaa ama bakhtiinaysaa jeermisyada saaran dusha agabka. Caadiyan waxaa haboon in sunta jeermiska lagu shubo meelaha adag, ee aan jilicsanayn sida miiska xafaayada ilmaha looga badalo, gacanada albaabka, musqulaha, iyo goobaha kale ee musqusha. Xeerka 2 ayaa qasab ka dhigaaya in meelaha xafaayada ilmaha loogu xiro lagu nadiifiyo saabuun iyo biyo kadibna lagu sifeeyo daawada jeermiska oo leh ugu yaraan 2 qaado oo kolriin ah laguna daraayo 1 rubuc oo biyo ah.

BIXINTA DAAWADA

Waa maxay qaababka qaar ee ugu haboon iyo shuruudaha siinta daawada ilmaha?

KULANKA 3 - MUUJIN

Sida loogu Diyaar garoobo

Xaaladaha Degdega ah

- 1.
- 2.
- 3.
- 4.

Sida Loo dhawro Bay'd Caafimaad Leh

- 1.
- 2.
- 3.
- 4.

Tabbabarkaan kadib, waxaan qorshaynayaa inaan...

Tabbabarkaan wuxuu igu dhaliyay inaan ka fakaro...

ILAHA

Dhawrista Badqabka Carruurta: Tasmada Qorshaynta xaaladaha degdega ah ee Daryeelaha Carruurta. -

<https://edocs.dhs.state.mn.us/lfserver/Public/DHS-7414-ENG>

Qorshaynta xaaladaha degdega ah ee Daryeelka Carruurta Minnesota-

<https://edocs.dhs.state.mn.us/lfserver/Public/DHS-7415-ENG>

FAQ ga Qorshaha U diyaar garoowga khatarta Daryeelka Carruurta ee MN Dept. of Human Services (Waxda Adeegyada Aadanaha ee MN)-

http://www.dhs.state.mn.us/main/idcplg?IdcService=GET_FILE&RevisionSelectionMethod=LatestReleased&Rendition=Primary&allowInterrupt=1&noSaveAs=1&dDocName=dhs-291261

Qorshaynta Xaaladaha Degdega ah ee Daryeelka Carruurta –

https://mn.gov/dhs/assets/ChildCareEmergencyPlan_tcm1053-317028.pdf

Diiwaan Gelinta iyo Qorshayaasha MN -

https://mn.gov/dhs/assets/AdmissionandArrangementsForm_tcm1053-316062.pdf

Buuga Tilmaamaha Daryeelka Carruurta iyo Dugsiga ee Cudurka Caabuqa wata ee Degmada Hennepi

Xanuunada Lasoo Shegi karo ee kasoo Baxay Waaxda Caafimaadka ee MN

<http://www.health.state.mn.us/divs/idepc/dtopics/reportable/index.html>

Jadwalada Talaallada ee kasoo Baxay Waaxda Caafimaadka ee MN

<http://www.health.state.mn.us/divs/idepc/dtopics/reportable/index.html>

[html](#)

Xanuun Cuntada Kadhaha - Waaxda Beeraha ee

Maraykanka

<http://www.usda.gov/wps/portal/usda/usdahome>

Waa maxay Farqiga U dhaxeeya Udulqaadasho La'aanta cuntada iyo Xasaasiyada Cuntada? – Mayo Clinic

<http://www.mayoclinic.org/diseases-conditions/food-allergy/expert-answers/food-allergy/FAQ-20058538>

Ururka Neefta iyo Xasaasiyada ee

Maraykanka <http://www.aafa.org/>

Muuqaalada Dhimashada Ilmaha Dhashay ee aan La filayn ee Degdega ah

http://www.dhs.state.mn.us/main/idcplg?IdcService=GET_DYNAMIC_CONVERSION&RevisionSelectionMethod=LatestReleased&dDocName=dhs16_188848#

U diyaar Garoowga Khatarta ee Carruurta Qaba Baahiyaha Daryeelka caafimaadka ee Gaarka ah

<http://pediatrics.aappublications.org/content/pediatrics/104/4/e53.full.pdf>

Xarunta Xakamaynta Cudurka – U diyaar Garoowga Khatarta

<http://www.cdc.gov/ncbddd/disabilityandhealth/emergencypreparedness.html>

Xarunta Daryeelka Carruurta

Iskudhafaan

<http://www.inclusivechildcare.org/>

